About the FSEP

The ‘not for profit’ RANZCOG FSEP strives to improve outcomes through a greater appreciation of the physiology and pathophysiology of utero-placental function and fetal heart rate control.

Our face-to-face and multidisciplinary sessions are supported by our assessment tool and are delivered throughout Australia and New Zealand to professionals involved in antenatal and intrapartum care.

The face-to-face sessions are delivered by a team of passionate and dedicated midwives who have extensive clinical and academic qualifications.

Our book, online programs, teaching tools and mobile apps support our face-to-face sessions.


FSEP Full Day Program

VENUE: Education Centre Room 1 3rd Floor, BLOCK A Cairns Hospital

TIME: 8.00 am – 3.30 pm

DATES - 2020
Friday 13th March
Friday 12th June
Friday 16th October

Registration & Enquiries:

Rita Ball
Midwifery Educator
Cairns Hospital
Ph. 07 42266470
Email: rita.ball@health.qld.gov.au

This education program is for staff who are permanently employed in the Cairns & Hinterland Hospital & Health Service (CHHHS).

Morning Tea and Lunch are unable to be provided.
### Program Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tbody>
<tr>
<td>15 min</td>
<td>Registration</td>
</tr>
<tr>
<td>1 hour</td>
<td>The utero-placental unit, fetal heart rate control and basic fetal assessment</td>
</tr>
<tr>
<td>15 min</td>
<td>Morning tea</td>
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<tr>
<td>1 hour</td>
<td>The normal CTG, who to monitor and an introduction to the abnormal CTG</td>
</tr>
<tr>
<td>30 min</td>
<td>Lunch</td>
</tr>
<tr>
<td>1 hour</td>
<td>The abnormal CTG focusing on decelerations, interpretation and management.</td>
</tr>
<tr>
<td>1 hour</td>
<td>CTG workshop and discussion.</td>
</tr>
<tr>
<td>1 hour</td>
<td>Course evaluation and 60 MCQ assessment.</td>
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<tr>
<td>END</td>
<td>Close.</td>
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### Recommended Pre-Reading

- **RANZCOG FSEP Online Programs** (OFSEP and/or OFSEPplus)
- **The RANZCOG Intrapartum Fetal Surveillance Clinical Guideline** PDF copy is available for download from the FSEP and RANZCOG website.

### Online Programs

**OFSEP** is a **FREE** online resource that acts as a pre reading to users and complements our face-to-face FSEP sessions. No login required.

**OFSEPplus** costs **$39 per certificate**. It has the same modules as OFSEP.

- Sequential compliance pathway
- Short MCQ quizzes
- Certificate of completion
- Accredited with CPD points
- **Discount available for bulk purchase**

More information available from [www.fsep.edu.au](http://www.fsep.edu.au)

### Accreditation

FSEP sessions are accredited for appropriate Continuing Professional Development (CPD) points. Please visit the FSEP website [www.fsep.edu.au](http://www.fsep.edu.au) for the most up-to-date CPD points accredited for each workshop.

### Mobile Apps

The FSEP app is a useful educational tool, providing access to the RANZCOG, FSEP and OFSEP websites and current Clinical Guideline.

It provides easy access to the standardised terms, physiological approach and management of the intrapartum CTG.

The app is available for download from **AppStore** and **Google play**.

Any enquiries about FSEP, please contact:

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